



War of Self: The 7 Weapons of Self-Mastery

Ramman Sheehan Turner

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The war within is the only thing standing in the way of your happiness. The War of Self is about discovering the infinite power that lies within each and every one of us. It is a journey where we discover how our thoughts and habits determine the lives that we lead. You can live a life devoid of passion and excitement, one filled with frustration, cynicism, and doubt. Or you can master your destiny and live with abundance, enthusiasm, and hope. You get to choose your path. This book shows you how to identify the things that are holding you back from the fulfillment of your goals. You will discover ways to persevere even during your darkest moments and initiate positive change in your life by using your struggles to transform. The war within is what determines whether you succeed or fail. This book gives you the right weapons to win that war.

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