



Emotional Intelligence Box Set: Amazing Tips for Gaining Control Over Your Emotions and and Becoming Successful (Emotional intelligence, people skills, social intelligence)

Joan Hunter, Donna Bell, Mike Hughes, Joseph Sanchez, Mildred Powell, Jeffrey Morales

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BOOK #1: Body Language: Amazing Body Language Guide to Help You Recognize Whether People's Feelings are True or Fake

Do you sometimes get the sense that a situation with other people is not quite as it seems? Do you often struggle to understand what others expect of you? Is nervousness preventing you from taking risks that could slingshot you on the path to success in your personal and professional life? Interacting with other people can be a challenging and exhausting aspect of daily life, and a potent source of stress for many. A little study and practice in reconnecting with the instinctive intuitions of the human animal can enable you to harness the hidden power of body language as a tool to establish your place among your peers.

BOOK #2: Brain Training: Advanced Brain Training Methods For Better Memory, Improved Concentration, Mental Clarity, Neuroplasticity, And Superior Power of Your Mind

The good news is, there are proven methods of brain training that can help any of the types of people mentioned above and many, many more! This book takes a broad approach to the area of brain training, offering a carefully framed philosophy to implement in your day-to-day life as well as specific techniques and exercises to develop individual areas of your intellect.

BOOK #3: Speed Reading: Learn How to Read Twice as Fast, and Understand Better

This book will explain to you the ocular mechanics of reading, and offer tips for increasing your reading speed. Scientific research has proven that reading too fast can cause a decrease in comprehension, but this book will give you advice on how to avoid that pitfall and acquire the most information possible in the shortest amount of reading time. If you are a determined reader and willing to work hard, you may even be

able to double or even triple your own reading speed.

BOOK #4: Emotional Intelligence: 25 Ultimate Tips for Gaining Control Over Your Emotions and Becoming a Boss of Your Thoughts and Behaviour

Emotional intelligence is a quality that all people have, and something all people can improve. While the standard IQ of a person determines how easily he is able to learn cognitively, a person's EI determines how well he can function and problem solve in a variety of situations. This book will explain what Emotional Intelligence is, and then offer suggestions for improving your own EI to the point where you will have increased control over your own thoughts, emotions, and behavior.

BOOK #5: Life Coaching: 23 Lessons on How to Become a Successful Coach Who Encourages, Motivates and Inspires Other People

Life Coaching: 23 Lessons on How to Become a Successful Coach Who Encourages, Motivates and Inspires Other People is a book with real world problems for real world people. Not only is it a great read for people wanting to start a career in life coaching, it is an excellent go to for those looking to have a life coach. Sometimes, people aren't really sure WHAT to bring to the table during their life-coaching sessions.

BOOK #6: The Gratitude Journal: 50 Amazing Tips for Experiencing Happiness, Joy and Living a Better Life

The way to find happiness is through expressing gratitude. And the best way to express gratitude is to keep a gratitude journal. Many people testify that this is a concrete and reliable way to embrace the joy in your life. This guide contains 50 practical tips that will help you also change your life for the better.

Getting Your FREE Bonus

Download this book, and find "**BONUS: Your FREE Gift**" chapter right after the introduction or after the conclusion.

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Diane Lomas:

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