



You Don't Have to be a Wimp to be Abused: An Easy Guide to Understanding Domestic Abuse Against Men (Volume 1)

Ms. Beverly A Wallin

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In the middle of a frigid winter night Fred slumbers peacefully. He is instantaneously awoken by a laceration in this chest. The source of this excruciating pain? His ex-girlfriend and mother of their son, has knifed him. His overnight guest, hearing the struggle tears into Fred's bedroom to see this meagre woman biting and clawing Fred's arms and chest. Fred is a popular guy, athletic, talented and clearly no wimp, but Fred is a male victim of violence by women partners. You'll be enlightened by this inside fictionalized story of domestic violence against men as Fred's life is revealed in childhood and in relationship abuse by women partners. The story peaks at his miraculous deliverance from death. Author, Beverly Wallin, expert in domestic violence and abuse, uses her commentary surrounding the fictionalized story of "Fred" to debunk the myths and shows us the facts and similarities surrounding female and male victims of domestic violence. Some experts say that women today hit their male partners without repercussions because men have learned that real men don't hit women, but women have not been taught that respect. "You Don't Have to be a Wimp to be Abused" tells us about the realities of domestic abuse in our society. She includes men as victims, and patterns of abuse that involve the whole family. The profiles of what a victim and an abuser look like are no longer gender biased, and cross many different kinds of lines from social, cultural, to economic as well as gender. This book is compassionate, easy to read, and a true eye opener for any one who may be in an abusive relationship or know someone who is suffering. Editorial Reviews Very few books have been written about violence and male victims, let alone male victims of violence by women partners. Men can be abused emotionally or physically by other men or in their family of origin. This book covers many types of abuse other than religious, ritual or sexual abuse. "This is a hard look at a tough subject through an easy to read story. Wallin doesn't pull punches as she helps us to realize the prevalence and dangers of domestic abuse. ~ Hugh Culver, motivational coach and author: "Give me a Break" "This may be a book meant for men, but it's a great book for men and women. Now that I'm on the other side, the cycle is so easy to recognize; that's how others feel when they wake up and get out, but they can't see it when they are in it. You Don't Have to Be a Wimp to Be Abused is a valuable tool to all others dealing with this serious and often fatal issue." ~ Laila Burton, Grief counselor and author "You Don't Have To Be A Wimp To Be Abused (for Men) is a groundbreaking work, not only because it addresses the rarely talked about subject of abuse against men, but because the author lets us walk in the shoes of an abused man through the saga of our hero, Fred, a man who no one could ever think was a wimp." ~ Kathrin Lake, author of From Survival to Thrival

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