



Queen Bees and Wannabes: Helping Your Daughter Survive Cliques, Gossip, Boyfriends, and Other Realities of Adolescence

Rosalind Wiseman

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The Basis for the Movie Mean Girls

PARENTS CAN MAKE A DIFFERENCE IN GIRL WORLD

Do you feel as though your adolescent daughter exists in a different world, speaking a different language and living by different laws? She does.

This groundbreaking book takes you inside the secret world of girls' friendships, translating and decoding them, so parents can better understand and help their daughters navigate through these crucial years. Rosalind Wiseman has spent more than a decade listening to thousands of girls talk about the powerful role cliques play in shaping what they wear and say, how they feel about school, how they respond to boys, and how they feel about themselves. In this candid and insightful book, Wiseman discusses:

- Queen Bees, Wannabes, Targets, Torn Bystanders, and others: how to tell what role your daughter plays and help her be herself
- Girls' power plays, from birthday invitations to cafeteria seating arrangements and illicit parties, and how to handle them
- Good popularity and bad popularity: how cliques bear on every situation
- Hip Parents, Best-Friend Parents, Pushover Parents, and others: examine your own parenting style, "Check Your Baggage," and identify how your own background and biases affect how you relate to your daughter
- Related movies, books, websites, and organizations: a carefully annotated resources section provides opportunities to follow up on your own and with your daughter

Enlivened with the voices of dozens of girls and parents and a welcome sense of humor, *Queen Bees and Wannabes* is compelling reading for parents and daughters alike. A conversation piece and a reference guide, it offers the tools you need to help your daughter feel empowered and make smarter choices.

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