



Weather Shamanism: Harmonizing Our Connection with the Elements

Nan Moss

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Creating an alliance and working partnership with the spirits of weather to restore well-being and harmony to Earth and ourselves

- Reveals that, intentionally or not, we affect the weather not only through our actions but also through our thoughts and emotions
- Explains shamanic techniques for working with the spiritual nature of weather
- Special section on “weather dancing” details both its ceremonial and therapeutic aspects

With the growing consensus that global warming is a fact comes the realization that the increasingly violent weather we are experiencing is its chief manifestation. Each storm, each flood, each blizzard seems to break 100-year-old records for both intensity and damage. Reducing emissions of greenhouse gases may be too little, too late.

Through a unique blend of anthropological research, shamanic journeys, and personal stories and anecdotes, Moss and Corbin show how humans and weather have always affected each other, and how it is possible to influence the weather. They present teachings directly from the spirits of weather that show how our thoughts and emotions affect weather energetics. They also reveal the ceremonial and therapeutic aspects of “weather dancing,” a practice used to communicate with the weather spirits.

Weather Shamanism is about transformation--of ourselves, and thus our world. It is about how we can develop an expanded worldview that honors spiritual realities in order to create a working partnership with the spirits of weather and thereby help to restore well-being and harmony to Earth.

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