



Sew Red: Sewing & Quilting for Women's Heart Health (Stitch Red)

Laura Zander

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This beautiful follow-up to *Knit Red* features stunning designs from more than 25 top sewing and quilting celebrities, along with three 28 x 40 black-and-white pattern sheets. But this is more than a book of breathtaking projects: it's part of Stitch Red, a campaign started by Jimmy Beans Wool founder Laura Zander to educate women about heart disease and help them take charge of their heart health. Each showcased designer—including Amy Butler, Denyse Schmidt, Anna Maria Horner, Ty Pennington, and Kaffe Fassett—shares his or her experience with heart disease and offers tips for staying healthy.

The Heart Truth®, a public-awareness program sponsored by the National Institutes of Health, will receive a portion of the proceeds from the sale of the book.

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William Petterson:

The book untitled Sew Red: Sewing & Quilting for Women's Heart Health (Stitch Red) is the publication that recommended to you to learn. You can see the quality of the reserve content that will be shown to a person. The language that article author use to explained their way of doing something is easily to understand. The author was did a lot of research when write the book, to ensure the information that they share to you is absolutely accurate. You also could possibly get the e-book of Sew Red: Sewing & Quilting for Women's Heart Health (Stitch Red) from the publisher to make you more enjoy free time.

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