



# Reverse Type 2 Diabetes: Lower Blood Sugar (glucose), and Eliminate Insulin Resistance

*Steven Larson*

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## **Reverse Type 2 Diabetes: Lower Blood Sugar (glucose), and Eliminate Insulin Resistance** Steven Larson

Why should you buy this book? Well, for about the cost of a couple of cups of coffee, what you will learn in this book just might add ten to twenty or so years to your life and possibly save you or a someone you care about from a horribly painful, ugly death. How about that? I would say that would make it an incredible value, worth the money. If you have been diagnosed with Type 2 diabetes you are probably feeling helpless and afraid. I will show you a way to reverse Type 2 diabetes. I did it myself and I will reveal what I have learned so you can do it too... The purpose of this book is to help you, your sons or daughters, grandchildren, other family members, a friend or loved one or someone you know with pre-diabetes or type two diabetes find a ways to reduce blood glucose levels naturally, without using medicine. You might be asking yourself just what qualifies me to write a book like this. Well, I have actually done it, read the research, and the books and then put it to work for me. What makes this book unique is that I have condensed the essential information into one book for you. So let me save you the time and effort and money too. Also, I have added some personal discoveries that will help you too. Let's say that by using the information provided in this book will give you a jumpstart on lowering your blood sugar. Starting immediately... It is a "HOW TO" book. It cuts directly to what you can do for yourself, right now. It is easy to read and it does not bog you down with a lot of unnecessary and overly technical information. I wrote it this way in order to get the message out. Some surprisingly good news for you is that it may be possible for you to reverse your type two diabetes and it can be done. The answers are included in this book... Ultimately you are the one that makes it all happen. It gives you control. In this book you will be given more than ten specific ways to immediately lower your blood glucose. I WILL REVEAL A WAY TO REVERSE TYPE 2 DIABETES. I did it and I hope you can too.

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