



Breakup Recovery: The Broken Heart Survival Guide After a Breakup: Stop Feeling Rejected and Start Feeling Great! (Relationship, Dating, Self-Esteem, Breakup Recovery)

Ashley Merlyn

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It's Finally Over....

Those three little painful words that have been playing in your head. You understand that the relationship is over, but your heart just doesn't understand.

You still love that person...

Unfortunately, the reality is that the relationship is already over. And now, all that is left is a bunch of aching feelings that seems impossible to get rid of no matter what you do. You have never felt so lonely, depressed and rejected as you do now.

This book will show you how to overcome your breakup and make you feel better about yourself!

Here is a Preview of What You'll Learn:

- The truth about breakups and pain
- Pushing through failure and pain
- How to achieve forgiveness
- The importance of self-love
- Practical steps to help you move forward

Free yourself and start feeling great!

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