



Moving Forward: Finding Purpose in Your Pain

Angela Roberts Jones

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Moving Forward: Finding Purpose in Your Pain taps into the deep wells of experience gained by author Angela Roberts Jones from her grief over the death of her husband. She reflects on her loss from the perspective of the Bible's message of hope and suggests ways to find through scripture words of encouragement and guidance for living today with hope for tomorrow.

Moving Forward sketches three legs for the spiritual journey from loss to hope. The grief stage takes a cleareyed look at profound loss and the pain that accompanies it. The healing process proposes how to make adjustments, to move ahead despite one's pain, and to sidestep barriers that would block one's progress in healing. Finally, the strengthening phase outlines how, after the death of a spouse, one may move from marriage to singleness, let go of one's old ways, and choose between mourning and happiness.

By contemplating the author's story and her guides for living as you read Moving Forward: Finding Purpose in Your Pain, you can face the transformative times that pain inevitably brings. You can discover how God is leading you to embark on a path that leads to healing, celebrating life, and discerning His purpose in your own pain. You can move forward knowing that the best is yet to come.



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