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By (author) Garri Garripoli

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Qigong: Essence of the Healing Dance will show you that you carry within yourself the ability to heal. Learn to tap into this innate gift and dance your own dance of life. You are sure to find this book fascinating, even life changing. A must-read for anyone intrigued by the mystique of ancient Eastern healing arts or seeking a daily practice that promotes and maintains full-body well-being. Qigon...

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