



Rice and Beans and Tasty Things A Puerto Rican Cookbook

Dora Romano

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"Rice and Beans and Tasty Things", English-language translation and revision of best-selling Puerto Rican chef Dora Romano's "Cocine Connigo," is a low-salt, low-fat entry point into traditional Puerto Rican cuisine for the non-Spanish speaker. A glossary of translated common Puerto Rican ingredients and recipes is also included. If you want to experience authentic Puerto Rican cuisine--easier, simpler, and lower on fat--this might just be your cookbook.

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