



Tappan's Handbook of Healing Massage Techniques: Classic, Holistic and Emerging Methods (4th Edition)

Patricia J. Benjamin, Frances M. Tappan

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For courses in Massage Therapy and Physical Therapy. This pioneering text in massage therapy provides basic information on the art and science of effective healing massage techniques in quick-to-learn, easy-to-understand terms. Whether you're a licensed massage therapy practitioner, another health-related professional, or just interested in basic massage therapy techniques, this is the book for you!

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