

Under The Bus: Why Women Hurt Women in Business. And, How to Change It.

Patricia Blakey

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Under The Bus: Why Women Hurt Women in Business. And, How to Change It. Patricia Blakey "Under the Bus: Why Women Hurt Women in Business...And How to Change It", is the first book of its kind to address a very counter-productive tendency that some business women, as well as women in other professions, gravitate toward...throwing colleagues "under the bus" for perceived personal gain. The book is based on research and one-on-one interviews with women in a wide variety of business positions and stages in their careers. Blakey begins by explaining the "herstory" and causes of "under the bus syndrome" in the workplace. In subsequent chapters she provides real-world stories which illustrate the syndrome. She also looks at how this issue impacts women and their workplaces. Throughout the book, Blakey provides positive solutions and practices that any woman can use at any time in her career, or even her personal life, to address "under the bus syndrome" and move forward feeling empowered and internally validated.



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