



I'm Grieving as Fast as I Can: How Young Widows and Widowers Can Cope and Heal

Linda Feinberg

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A guide for young widows and widowers through the normal grieving process that highlights the special circumstances of an untimely death. Young widows and widowers share thoughts and dilemmas about losing a loved one, what to tell young children experiencing a parent's death, returning to work and dealing with in-laws.

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