



# **Dream Big: Finding the Courage to Follow Your Dreams and Laugh at Your Nightmares**

*Lisa Hammond*

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"It is critical that you figure out what will make you most happy. For me, that meant creating meaningful work for myself in addition to the meaningful work of raising my children."

...So begins Lisa Hammond's story of following her passion, founding her own company (Femail Creations--a woman-oriented catalog company that grew into a huge success), and in turn helping other women make their way in the world.

Dream Big shows women that the first step isn't writing a business plan--it's listening to yourself and taking your turn, it's managing your life from the heart. Dream Big is full of hilarious stories, heart-stopping inspiration, and roll-up-your sleeves tips.

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