



The Living Thin And Pain Free Diet: My Way Out of Fibromyalgia Through Alkaline Eating

Georgia Moen

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This is the story of one woman's journey from the pain of Fibromyalgia to energetic health through alkaline eating. The goal of this book is to give you ideas that will work for you in your pursuit of a healthier life. This book is the 'recipe' that I worked out after much trial and error.

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