



# Beyond Recovery: Nonduality and the Twelve Steps

*Fred Davis*

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## **Beyond Recovery: Nonduality and the Twelve Steps** Fred Davis

Beyond Recovery: Nonduality and the Twelve Steps is a "bridge book" that introduces Nonduality to people in recovery, and recovery to people who are already involved in nondual spirituality. Very often in recovery, participants will hit a "plateau" in whatever system they're using to clean up and clear up. They feel like they've outgrown the rigid dogma sometimes found in some recovery programs, but they still have a pull toward the relative safety of their group or tradition. Beyond Recovery: Nonduality and the Twelve Steps offers a way to satisfy both calls. Beyond Recovery is being used as a basic text for discussion groups in the US and Australia. That trend is sure to spread.

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